

## Class Times 2010

Adult	Monday	Wednesday	Saturday
<b>Novice</b>	6.30 – 7.15pm	6.15 – 7.00pm	10.00 – 11.00am
<b>Intermediate</b>	7.15 – 8.00pm	7.00 – 7.45pm	10.00 – 11.00am
<b>Senior</b>	8.00 – 9.00pm	7.45 – 8.45pm	10.00 – 11.00am

Junior	Monday	Wednesday	Saturday
<b>Novice</b>	4.15 – 5.00pm	4.45 – 5.30pm	8.30 – 9.15am
<b>Intermediate</b>	5.00 – 5.45pm	5.30 – 6.15pm	9.15 – 10.00am
<b>Senior</b>	5.45 – 6.30pm	5.30 – 6.15pm	9.15 – 10.00am

Peewee	Monday	Wednesday	Saturday
<b>Novice</b>	No Class	4.15 – 4.45pm	8.00 – 8.30am

## Grades

<b>Novice</b>	White belt to Orange belt
<b>Intermediate</b>	Green belt to Purple belt
<b>Senior</b>	Brown belt and above